

Portsmouth Cycle Forum

www.pompeybug.org.uk

Newsletter July 2010

Southsea Seafront Cycle Route phase 1 is in place Now let's move on to phase 2!

Portsmouth Cycle Forum is thinking about phase 2 of the Southsea Seafront Cycle Route and we want your views and support to get the second section built from South Parade Pier to Clarence Pier.

The echelon car parking issues still remain for the Pier to Pier section. We want to ensure that the best possible solution is found and that this part of the route is completed as soon as possible.

We believe that an on-road solution can be engineered **WITHOUT LOSS OF CAR PARKING**. Many people have suggested that a short section of the seafront road should be made one-way to motor vehicles which would allow a two-way cycle route to be placed on the carriageway. What we do ask for is consistency so that cyclists don't have to keep crossing the road to reach parts of the cycle route.

Southsea seafront is part of the Sustrans National Cycle Network route 2 which runs along the south coast of England, from Dover in Kent to St. Austell in Cornwall. We'd like the Portsmouth section, from the Hayling Ferry to the Gosport Ferry, to be clearly defined and signed throughout.

Please let us know your views, and talk to your local councillors too. Contact us at

www.pompeybug.org.uk

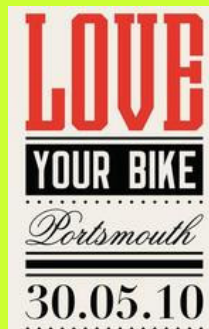
Summer Cycling Events

Our next big event is the Green Fair in the Guildhall Square on 17 July. The organisers, .PCAN, would like it to be bicycle powered and they need people to bring bikes and pedal. Please contact Chris Kennett if you can help (chriskennett01@hotmail.com). On 14 July we will be guiding a family bike ride 'underneath the trees'. Meet in the Guildhall Square at 5.15pm (ends 6.30pm).

Sky ride Southampton 25th July
PCC is offering to transport you and your bike to Southampton to take part in this ride.... As long as you wear a bike4life shirt!
owen.devine@portsmouthcc.gov.uk



A group of riders from Portsmouth Cycle forum cycled Round the Harbours this year. The Heart Foundation reported about 1500 riders took part.



Love your bike 30 May

We were blessed with sunshine on the late May Bank Holiday Sunday. Portsmouth Cycle Forum set up our stall at the Love Your Bike day on Southsea Common.

Inside the Skate Park there were loads of bike related events and activities, including bike customising, stunt riding and even bicycle polo!



Bike Week - June 2010

There were a lot of rides and events to get involved in:

FOE 'Famous Women' – the first ever ride of this one!
Ice-cream ride – was windy but worth it for the ice-cream
Bike to Work Day – we all wore our VROOM t-shirts, did you?
Cut Throats 'n' Cut-thrus – through all those sneaky bike passes

Cycle Friday - we met at Cosham Station at 7.30 to ride people to work and back at 4.30 from the Hard - we'd like to do this again if you know anyone that would like to try riding to work

Gosport Ride led by the Cycle Forum's Gosport branch!
We took part in the Big Bike Ride around Portsea Island on Sunday.

A busy cycling week for us!

Bike recycling

Get involved in the local bike recycling project which takes place on alternate Saturday mornings behind Southsea Fore Station. For details contact: travel@healthpompev.com

PCF Bicycle Trailer

At Portsmouth Cycle Forum we're always looking out for ways to reduce our carbon footprint. Those of you who've met us at the events we've attended over the years will have seen our display plus we now have our very own pull-up banner, courtesy of Cycle Works. Although we encourage others to cycle, this kit generally gets transported around by car!

Now thanks to Kathy and Pete we have the use of their cycle trailer. However we could still do with more capacity. So if any one knows of or has a trailer we could borrow until we manage to manufacture our own from old bike bits (oh yes!) please contact Roger on 023 9264 7542

Gosport group of Pompey BUG

Gosport cyclists make up a large proportion of cycle commuters in Portsmouth but do not currently have an active forum for raising issues about cycling on home turf. Kathy Azopardi wants any Gosport residents who want to improve cycling in Gosport, and get their views heard to get in touch with her via the PompeyBUG web site.

Family bike ride and Fish and chip supper

12th August Meet in the Guildhall Square at 5.15
We'll be back by 7.30

According to our sources.... if you want to try cycling to work or want to discover different or safer routes you can find a bike buddy at LIFTSHARE.COM
Go on line and check it out.
Don't forget PCF cycle Friday if you want to organise something more personal for your workplace

Portsmouth Cycle Forum has regular meetings where everyone is welcome!

Come along to Meeting Room 1 on the 3rd floor of the Guildhall at 7pm
8th July

9th September

11th November

We also have social meetings coming up on
12th August – Fish & Chip Bike Ride

14th October

9th December

If you have any ideas for events or venues let us know

See pompeyBUG web site for details

BIKE POLITE

www.politecycling.info

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TRAFFIC LIGHTS
You are traffic too, so stop at red



SHARED PATHS
Slow down, ring bell, say thanks when passing



FOOTWAYS
Pavements are for pedestrians



AFTER DARK
Use front and back lights so you can be seen



CANAL TOW PATHS
Slow down when passing pedestrians and at bridges

All Graphics: [The Graphic Company](#) Web Design: [Patty James](#)

Polite cycling

More and more people are using bikes to get to work, get fit or just get out the house and enjoy themselves. More cyclists mean that there is greater chance of conflict with other path and road users, however, if everyone is considerate, then there is plenty of space for all.

Spokes, the Lothian cycling campaign published, have published a code of conduct for cyclists covering such areas as shared paths, footways, traffic lights, after dark. We think this is an excellent initiative and we'd like to promote it in Portsmouth, after all, considerate riding promotes cycling. Please tell us what you think. See the BikePolite code at www.politecycling.info

Are you a PPPP?

A Pompey Pensioner Pesky Pedaller?

We are taking part in a consultation on the Ageing Population Strategy and we want to hear your stories and ideas. Crinkly Cranks, Old Spokes and Biking with your Grandchildren are ideas from elsewhere

Cycling is low cost and can help to address some of the issues identified such as social isolation, loss of independence, mental and physical health and weight management.

Cycling helps to keep sweeter air, and less congested streets for PPPPs and their grandchildren!

Contact Hilary hilarysails@btinternet.com for more info.

Gosport BMX Club

A successful and growing community club and the only BMX racing track in the area, Gosport BMX Club is going from strength to strength and in 2009 won a National Championship title and several other high placing.

The track was closed until the end of June to allow it to be upgraded to National standard to host rounds 9 & 10 of the National Championships in August.

The club is hosting a Regional race on 25th July and its first ever National race event on the weekend of the 7th & 8th August.

Visit the website to find out more about this exciting sport or go along to watch one of their forthcoming events.

www.gosportbmx.co.uk